

# **HOW HEALTHY IS THE ORGANIZATION YOU WORK FOR?**

What does it mean for an organization to be healthy or unhealthy? Are unhealthy organizations defined by burnout, absenteeism, or poor lifestyles? Is an organization unhealthy if it loses focus on its primary task? What role do external forces—world conflicts, climate change, pandemics, and polarizing politics—play in shaping organizational health?

## **EXPLORING OUESTIONS AND APPROACHES**

At the European Regional Meeting, we will analyze and explore:

- The distinctions between healthy and unhealthy organizations.
- · Conscious and unconscious factors influencing organizational health.
- Interventions such as free fruit, massages, and sports programs are they genuine solutions or defenses masking deeper issues?
- Organizational efforts to maintain and restore health.
- Psychoanalytic coaching and consultancy methods that improve organizational well-being.

### **Dates & Times**

• Friday 28 March: 17:00-20:00

• Saturday 29 March: 08:30–18:30 (optional dinner)

• Sunday 30 March: 08:30-14:00

**Location:** RINO, Leidseplein 5, Amsterdam, Netherlands Registration: Secure your spot here - www.ispso.org/erm2025

- €240 ISPSO members early bird (until 1 February)
- €280 ISPSO members
- €300 non-members early bird (until 1 February)
- €340 non-members

Capacity Participation is limited to 45 people

Questions or comments, please contact us at: info@proconsult.nl

Keynote Talk: Addressing unconscious determinants of Organizational Health: Remembering and working through collective trauma at the Ottakringer

Workshops and Events (subject to confirmation):

- The Influence of Climate Change on Organizational Health: Rebecca Nestor & Judith Anderson
- Where Health and Justice Meet: Consulting to a Forensic Psychiatric Hospital: Richard Morgan-Jones
- Developing Leadership Skills Through Body Awareness and Movement: Anna-Kristin David & Adalisa Menghini
- The Influence of COVID-19 on Organizational Health
- Restoring Psychological Safety in the Dutch Police Force: Niels van Steenbergen
- The Influence of COVID-19 on Organizational Health: Barbara Wren
- Shaping the future of work: Deborah
- The Impact of World Events, Politics, and War on Organizational Health
- And more...

# Social Program

The ERM will include ample opportunities for informal networking and exchanges through a thoughtfully designed social program

### Travel

Please consider travelling by train. There are direct train connections to Amsterdam from many European countries (such as Switzerland, France, Germany, Austria, United Kingdom and the Czech Republic)



